

**10<sup>TH</sup> ANNUAL  
LINCOLN COUNTY FAIR  
BARBECUE COOK OFF**

**SATURDAY, SEPTEMBER 11, 2010**

**Adult Competition - Saturday, September 11<sup>th</sup>**

Boston Butt, Chicken, Ribs & Brisket

Set-Up Time: Starting at 12:00 PM on Friday, September 10<sup>th</sup>

**Adult Grand Champion: Grilling Prize Package & Trophy**  
for highest total combined points in Boston Butt, Chicken, Ribs & Brisket

	1 <sup>st</sup> Place	2 <sup>nd</sup> Place	3 <sup>rd</sup> Place
Boston Butt .....	\$150 & Trophy	\$100 & Trophy	\$50 & Trophy
Ribs .....	\$150 & Trophy	\$100 & Trophy	\$50 & Trophy
Chicken.....	\$150 & Trophy	\$100 & Trophy	\$50 & Trophy
Brisket.....	\$150 & Trophy	\$100 & Trophy	\$50 & Trophy

**Young Adult Competition – Saturday, September 11<sup>th</sup>**

Chicken & Dessert

Set-Up Time: Starting at 12:00 PM on Friday, September 10<sup>th</sup>

**Young Adult Grand Champion: Prize Money & Trophy**  
for highest total combined points in Chicken & Dessert

	1 <sup>st</sup> Place	2 <sup>nd</sup> Place	3 <sup>rd</sup> Place
Chicken.....	Trophy	Trophy	Trophy
Dessert.....	Trophy	Trophy	Trophy

**Best Cook Site Award    1<sup>st</sup> place - \$75<sup>00</sup>    2<sup>nd</sup> place - \$50<sup>00</sup>    3<sup>rd</sup> place - \$25<sup>00</sup>**

# Adult Barbecue Cook Off Rules

1. Entry fee will be \$75 to enter Boston Butt, Chicken, Ribs and Brisket. An entry fee of \$75 will be charged whether you enter a single category or all four categories. You must enter all four categories to be eligible for Grand Champion.
2. You will have a 20x20 cook site designated for you - please stay within this area with your tent and cooking equipment.
3. You may cook with wood, gas, charcoal or pellets. Any type of grill is permissible.
4. Do not have any open fires on the ground. Use a charcoal starter (chimney) or start the fire in your cooker. All grill fires must be contained.
5. Water and electric service will be provided. Ice will be on the grounds for sale.
6. No pets allowed in or near the barbecue or judging areas.
7. The decisions by the judges will be final. **A cook's meeting will be held at 6:30 P.M., Friday, September 10<sup>th</sup>.** A member of the LCF Barbeque Cook Off Committee will review the rules and answer any questions you may have about the Cook Off. This will give a level playing field for all who enter the competition.
8. All meat must be inspected before cooking, and in original store wrapping, and in a cooler with ice and must be held at 40 degrees or below.
9. After the meat is inspected, you may marinate or begin cooking the product.
10. The cooked meat must be held at 140 degrees or higher.
11. No food products are to be sold or given to the public.
12. All entries must be in a Styrofoam 9x9 box (provided). There must be six (6) identifiable pieces in each box.
13. Garnish allowed - green leaf lettuce and / or parsley only.
14. Turn in time for chicken is 12:30 P.M. You will have five minutes before and five minutes after to turn in your entries to the judges. This will ensure that your food is served hot to the judges.
15. Turn in time for ribs is 1:00 P.M. They can have a dry rub or basted with a finishing sauce, but do not put excess sauce in the box. You must have at least six (6) separate pieces of ribs in the box. Some will enter with (6) one bone rib, but you can put in (6) two bone ribs in the box. You will have five minutes before and five minutes after to turn in your entries to the judges. This will ensure that your food is served hot to the judges.
16. Turn in time for Boston Butt is 1:30 P.M. They can have a dry rub or basted with a finishing sauce, but do not put excess sauce in the box. You will have five minutes before and five minutes after to turn in your entries to the judges. This will ensure that your food is served hot to the judges.
17. Turn in time for the Brisket will be 2:00 PM. They can have a dry rub or basted with a finishing sauce, but do not put excess sauce in the box. You will have five minutes before and five minutes after to turn in your entries to the judges. This will ensure that your food is served hot to the judges.
18. When you finish cooking, a container will be provided for your hot ashes. Please use this container to avoid fires and it will also help keep your area clean.
19. Your cooking area must be as clean as you found it. Garbage containers will be provided.
20. Failure to follow the above rules may cause your entry to be disqualified, as we want a safe and enjoyable Cook Off.
21. Four admission passes per team will be given for the Young Adult Competition and for the Adult Competition.

*Rules subject to change*

# Young Adult Barbecue Cook Off Rules

## Ages 10-15

1. Entries are open to Chicken and Dessert only. Entry fee will be \$10 to enter Chicken and/or Dessert. An entry fee of \$10 will be charged whether you enter a single category or both categories. You must enter both categories to be eligible for Young Adult Grand Champion.
2. Chicken must be cooked on site, on the grill and UNDER ADULT SUPERVISION.
3. Chicken entries may be wings, breasts, legs, etc.
4. All meat must be inspected before cooking, and in original store wrapping, and in a cooler with ice and must be held at 40 degrees or below. After the meat is inspected, you may marinate or begin cooking the product. The cooked meat must be held at 140 degrees or higher.
5. Chicken entry must be in a Styrofoam 9x9 box (provided). There must be six (6) identifiable pieces in each box.
6. Garnish allowed - green leaf lettuce and / or parsley only.
7. Turn in time for chicken will be at 11:00A.M. You will have 5 minutes before and 5 minutes after to turn in your entries to the judging committee. This will ensure that your food is served hot to the judges.
8. Desserts may be made at home or on site. Pies and cakes may be presented whole or in 6 pieces and must be made in part by a team member. (Mom and Dad can help). *Store bought items will be disqualified.*
9. Desserts may be presented in a 9x9 Styrofoam box (provided) with no garnish with the exception of larger items such as cakes and pies. They must be covered and the items out of sight.
10. Turn in time for desserts will be 11:30 AM. You will have 5 minutes before and 5 minutes after to turn in your entries to the judging committee.
11. Adult Cook Off Rules Items 2, 3, 4, 5, 6, 7, 10, 11, 18, 19, 20 and 21 also apply to the Young Adult Cook Off.
12. Results of the Young Adult Cook Off will be announced at the Awards Ceremony after the Adult Cook Off.

*Rules subject to change*

***Sponsored by: Pendergrass Supply & Rental and Bolles Realty & Auction LLC***

**Contact information:**

Stanley Trentham - (931) 580-7508

Roger Keith - (931) 438-9859

<b>BARBEQUE COOK OFF ENTRY FORM</b>	
<b>Team Name:</b>	<b>Head Cook:</b>
<b>Address:</b>	<b>Contact Phone Number:</b>
<p>Please select either <u>Young Adult</u> or <u>Adult</u> and mark the items you are entering in the Cook Off:</p> <p><input type="checkbox"/> <b>Young Adult:</b>    <input type="checkbox"/> <i>Chicken</i>    <input type="checkbox"/> <i>Dessert</i></p> <p><input type="checkbox"/> <b>Adult:</b>    <input type="checkbox"/> <i>Ribs</i>    <input type="checkbox"/> <i>Chicken</i>    <input type="checkbox"/> <i>Boston Butt</i>    <input type="checkbox"/> <i>Brisket</i></p>	<p><b>Email Address:</b></p> <hr/> <p><b>Mail Entry Form &amp; Fee to:</b>  <b>Lincoln County Fair</b>  <b>PO Box 476</b>  <b>Fayetteville, TN. 37334</b>  <b>Attn: BBQ Cook Off</b></p>
<b>Entry Fee:</b>	

*Entry Deadline is September 11, 2010. Note: You Can Enter on Site.*